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| Atletiekclub VITANummer : 21603(k/b)  | Zaterdag 25 september 202114u30 |

# MEDAILLEMEETING

## PROGRAMMA

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|  | **JONGENS / MANNEN** |  | **MEISJES / VROUWEN** |
| KAN. | Spurt, hoog, vortex, uithouding | KAN. | Spurt, hoog, vortex, uithouding |
| BEN. | Hindernis, ver, stoten, aflossing | BEN. | hindernis, ver, stoten, aflossing |
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## UURROOSTER

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| 14u30 | Hoog kangoeroes |
| 15u05 | Vortex kangoeroes |
| 15u40 | spurt kangoeroes |
| 16u30 | uithouding kangoeroes |
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| 14u30 | hindernis benjamins |
| 15u10 | ver benjamins |
| 15u45 | stoten benjamins |
| 16u20 | teamestafette |
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