|  |  |
| --- | --- |
| Atletiekclub VITApiste Ninove (Mondo)Nummer : 20352 | Zondag 7juni 202013u30 |

# B.V.V. Masters

## PROGRAMMA

|  |  |  |  |
| --- | --- | --- | --- |
| Man | 100m-400m-1500m-3000m-ver-kogel-discus-speer-4x400 | Vrou | 100m-200m-800m-3000m-ver-kogel-discus-4x100m |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## UURROOSTER

|  |  |  |  |
| --- | --- | --- | --- |
| 14u00  14u20 | 100m vrouwen  100m mannen | 13u30 | Discus vrouwen (1kg)  Ver vrouwen |
|  |  |  |  |
| 14u40 | 800m vrouwen | 14u00 | Kogel mannen (7,26kg) |
| 15u00 | 1500m mannen |  |  |
|  |  |  |  |
| 15u20 | 400m mannen | 14u45 | Speer Mannen (800gr) |
| 15u40 | 200m vrouwen | 16u00 | Ver Mannen |
| 16u05 | 3000m Vrouwen |  | Kogel Vrouwen (4kg) |
| 16u25 | 3000m Mannen |  | Discus Mannen (2kg) |
|  |  |  |  |
| 17u00 | 4x100m vrouwen |  |  |
| 17u20 | 4x400m mannen |  |  |
|  |  |  |  |
|  |  |  |  |
|  | **Deelnemende clubs** |  |  |
|  |  |  |  |
|  | Vita-Kape-aca-sacn-lier-vac-acp-atac-dalo-ob-brab-oeh-olse |  |  |
|  |  |  |  |